

给爸爸妈妈的资料库

RESOURCE KIT FOR PARENTS

让《大森林，小勇士》的旅程延续到剧场之外！这里有一些适合爸爸妈妈和小勇士一起探索的资源，一起认识更多关于回收和保护森林的知识，并从日常生活中学习做出更环保的选择。

Continue the journey of *The Forest Heroes* beyond the theatre! Here are some resources you can explore with your Little Hero to learn more about recycling, caring for our forests, and making greener choices together.

1. 一起认识回收箱 Let's Learn About the Blue Recycling Bin!

想必各位爸爸妈妈对新加坡的蓝色回收箱已经不陌生了！不过，您知道哪些物品可以放进回收箱，哪些又不能吗？不妨和小勇士一起阅读由新加坡国家环境局整理的图文资料，一起认识哪些物品可以回收，学习正确的回收方式，为保护森林和地球尽一份心力！

By now, you're probably familiar with Singapore's blue recycling bins. But do you know what can and cannot be recycled? Why not explore the colourful guide prepared by Singapore's National Environment Agency (NEA) with your Little Hero? Learn what belongs in the recycling bin and discover how recycling the right way can help protect our forests and our planet.

[查看回收指南 Explore the Recycling Guide!](#)

2. 一起为新加坡种树：百万树木运动 Let's plant trees for Singapore: OneMillionTrees Movement

新加坡国家公园局发起的百万植树运动，旨在 2020 年至 2030 年期间，在全新加坡种植额外 100 万棵树，希望把大自然带回城市生活中。这项运动也是《新加坡绿色计划 2030》的一部分，帮助新加坡迈向“大自然中的城市”。

截至 2026 年，这项计划已种植约 87 万 5 千棵树。社区参与是这项运动成功的重要力量。爸爸妈妈若感兴趣，不妨带领小勇士一起参与绿化新加坡的行动，为环境出一份力，帮忙种植树木吧！

Singapore's OneMillionTrees movement, launched by the National Parks Board (NParks), aims to restore nature to our city by planting one million more trees across Singapore from 2020 to 2030. This movement is part of the Singapore Green Plan 2030 and supports Singapore's vision of becoming a City in Nature.

As of 2026, the movement has planted about 875,000 trees. Community participation is key to its success. If you're interested, why not bring your Little Hero along and be part of Singapore's greening journey by planting trees together?

[了解百万树木运动 Learn about the OneMillionTrees Movement!](#)

3. 森林管理委员会标签 Forest Stewardship Council (FSC) Label

带有森林管理委员会（FSC）标签的纸制产品，代表这些产品来自管理完善的森林。这表示森林在种植和采伐树木时，会尽量保护动物的家园和森林环境，让森林能够持续健康地生长。

购物时，不妨留意产品或包装上是否印有 FSC 标志，或标示“FSC 认证”字样。选择 FSC 认证产品，就是用行动一起守护森林和生活在森林里的动物们！

The Forest Stewardship Council (FSC) label tells us that the paper or wood product comes from responsibly managed forests. This means the forests are cared for in a way that helps protect wildlife, respects the people who live and work there, and allows trees to grow for the future.

Look out for the FSC logo or the words “FSC Certified” on products and packaging. When you choose FSC-certified products, you are helping to take care of forests and the animals that call them home!

[进一步了解 FSC Learn more about FSC!](#)